## **Let Your Creativity Shine**

Memorylanetherapy.com

## Materials:

- Empty clean, washed glass jars
- Scissors
- Ribbon or string
- · Pretty stickers
- Dried pressed flowers
- Decorative paper serviettes (napkins)
- Mod Podge (a magical crafting glue)
- Optional: Battery-operated candles or lollies/sweets for an added touch

## **Craft Away, Creativity Awaits!**

Hand out the glass jars to each resident, and watch their creativity take flight. The possibilities are endless! You can use colorful stickers that effortlessly stick to the outside of the jars, or cut out beautifully decorated napkins or dried flowers. To apply, simply brush a coat of Mod Podge onto the jar, press the chosen decoration or flower on it, and then add another coat of Mod Podge to seal the deal. The best part? The Mod Podge dries clear, leaving behind a lovely, polished look.



## A Finishing Touch:

To add that final touch of elegance, encourage seniors to tie a pretty ribbon or string around the neck of the jar. Now, these jars can serve multiple purposes - they can hold battery-operated candles, creating a warm and cozy ambiance in their rooms, or they can double up as delightful lolly/sweet jars. And don't forget to keep the jar lids handy to seal in the sweetness.





For more fun Activities for Seniors visit

Memorylanetherapy.com