

Bundled Q tip trees Art Activities for Seniors

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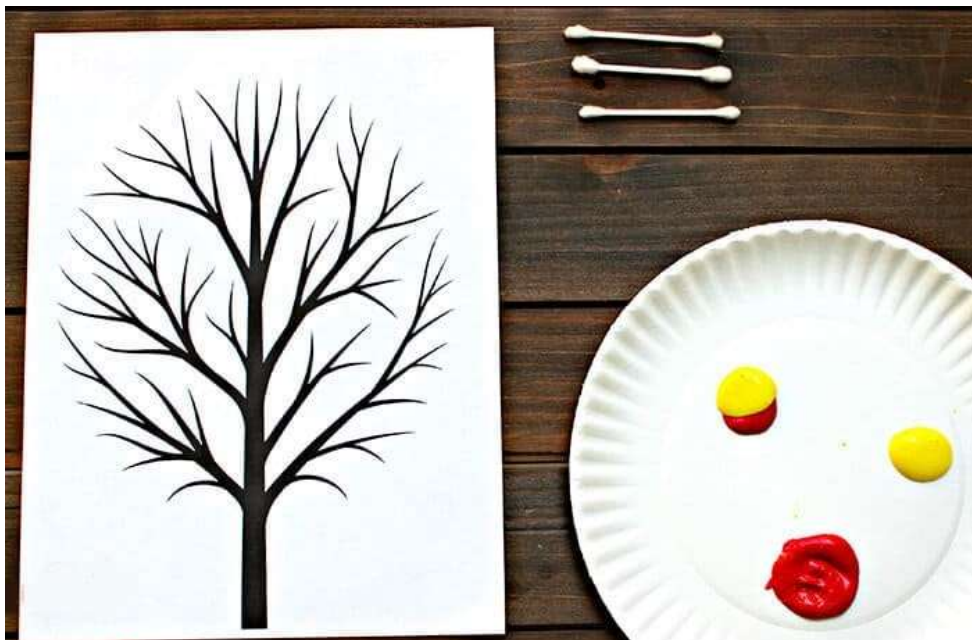
Materials Needed:

1. Canvas or thick paper
2. Q-tips (cotton swabs)
3. Rubber bands
4. Acrylic paints (assorted colors)
5. Paint palettes or disposable plates

How it works:

Step 1: Prepare Materials

Provide seniors with a blank canvas or a tree template, which can be easily found online. For added convenience, our premium membership offers an exclusive template. Simply print it out and get ready to create!



Step 2: Dot with Care

Encourage seniors to dip their bundled Q-tips into their chosen paint colors. With gentle enthusiasm, they can start dotting the tree, turning it into a vibrant display of colors. This is where their personal touch comes in – each dot represents their unique creativity.



Bonus Tip:

Encourage seniors to play with colors according to the seasons. For instance, using reds and yellows to capture the essence of fall or just be colorful and more creative with added personal touch. This not only enhances their art but also sparks fond memories and conversations.



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