Create Your Own German Alpine Hat: Crafty Fun for Seniors <u>Memorylanetherapy.com</u>

Materials Needed:

- 1. Colorful construction paper or cardstock
- 2. Feathers (real or craft)
- 3. String or yarn
- 4. Glue or glue sticks
- 5. Hole punch
- 6. Decorative items (markers, stickers, or paints)

Step-by-Step Guide:

1. Prepare the Paper:

Choose a favorite color of construction paper and Begin by Folding it in half to create a rectangular shape.



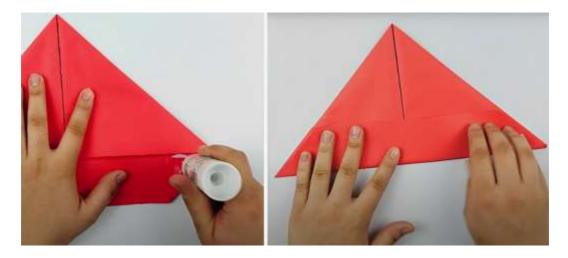
2. Fold & Shape:

Help residents fold the paper into a triangular shape with a rectangular strip at the bottom, similar to folding a paper airplane. Assist in gluing or taping the overlapping flaps at the bottom to create the hat's brim.



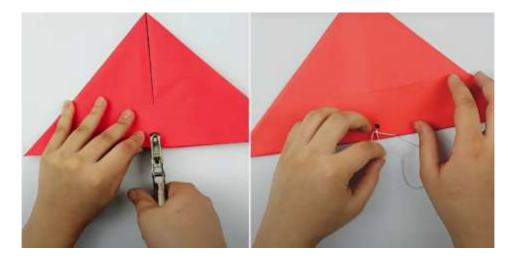
3. Create Hat Structure:

Assist in gluing or taping the overlapping flaps at the bottom to create the hat's brim.



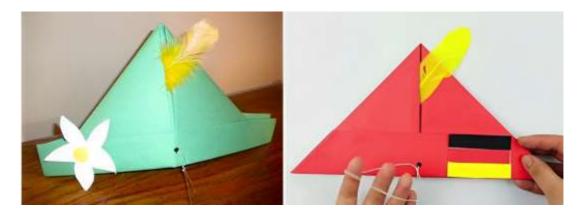
4. Punch a Hole and String for Security:

Use a hole punch to create a hole in the middle of the hat's brim. Thread a piece of string both on each side of the hole, tying a knot to keep it secure. This will serve as a chinstrap when wearing the hat.



5. Feather and Personalize:

Finally, add feathers to the hat for decoration, and let your creativity shine by personalizing the design with markers, stickers, or paints.



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