

Matching Cards Memory Game for Seniors: A Brain-Boosting Activity

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Materials Needed:

Matching Cards: These are typically sets of cards with identical pairs. You can find specially designed memory game cards with various themes. For your convenience, we offer fantastic printable matching card sets with diverse themes, among a wide array of other aged care resources, accessible through our Premium Membership.

Instructions:

1. Shuffle the Cards:

Begin by thoroughly shuffling the matching cards. Ensure that the cards are randomly distributed.



2. Lay the Cards Face Down:

Place all the cards face down on a table or another flat surface. Arrange them in a grid pattern, with the cards forming rows and columns.



3. Take Turns:

The game is typically played with one or more players. Each player takes turns flipping over two cards of their choice, aiming to find matching pairs.



4. Match the Pairs:

When a player flips over two cards that match, they keep the pair and get another turn. If the cards don't match, they must be turned face down again, and it's the next player's turn.



5. Continue Until All Pairs Are Found:

Players continue taking turns, trying to remember the placement of cards and find matching pairs. The game concludes when all pairs have been successfully matched.



6. Count the Pairs:

Once all pairs are found, count the pairs each player has collected. The player with the most pairs wins the game.



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