

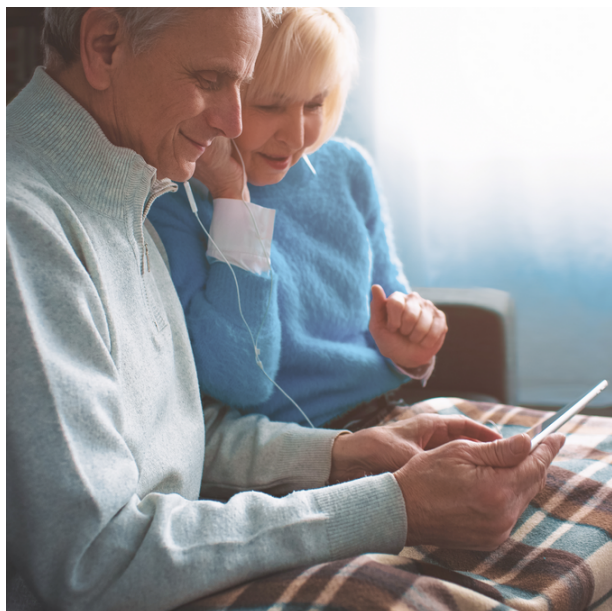
THREE KINGS DAY

SENSORY ACTIVITY FOR SENIORS

Why not embrace the spirit of Epiphany with a delightful sensory activity tailored for seniors? It's a wonderful way to engage either as a group or individually. To create an immersive sensory experience, consider selecting items that stimulate two or more of our senses.

Epiphany Adventures: Exploring the Senses with Fun and Wonder

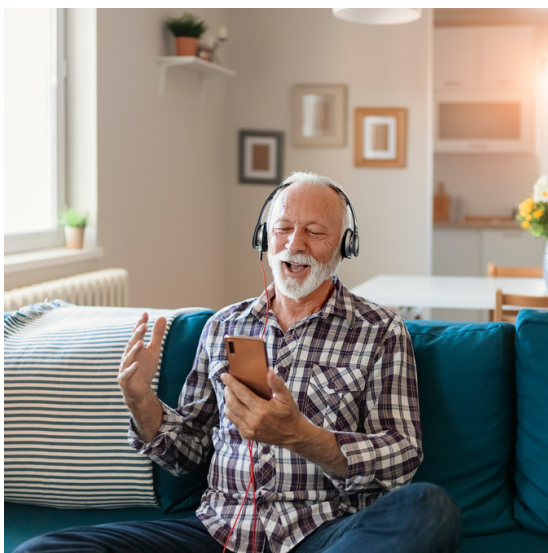
For the Sense of Sight: Look at wonderful pictures of the three wise men, the Magi. Enjoy the holiday magic with pretty decorations.



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SENSORY ACTIVITY FOR SENIORS

Awaken the Sense of Smell: Take in the amazing smell of Frankincense essential oils. Fill the room with nice holiday smells from candles or potpourri.



Let's Tune into the Sense of Hearing: Listen to your favorite Christmas songs and hymns. They can make your heart feel cozy.

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SENSORY ACTIVITY FOR SENIORS

For the Sense of Touch: Touch beautifully wrapped gift boxes and imagine the treasures inside, just like the Magi's gifts. Try the tradition of leaving out your shoes. Maybe you'll find a surprise inside!



Savor the Moment with a Taste of Tradition: Try a yummy King Cake, a special treat for this day. If you don't have one, a warm coffee cake can be just as nice.