What's in the Box? A Game Activity for Seniors

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Game Instruction:

Competing One-on-One:

- The Aged Care Coordinator will place the two Mystery Boxes, each containing one mystery item, in front of each team's players.
- Each senior player from Team A will take turns guessing against a senior player from Team B.
- After each turn, the Aged Care Coordinator will replace the mystery item inside the Mystery Box for the next player on both teams.

The Mission:

• Their mission is simple: Reach inside the box and try to figure out what's in there by feeling it with their hands.

Scoring a Point:

• If a senior player guesses the mystery item correctly before their opponent, their team earns a point.

Continuing the Match:

• The match continues until all senior players from both teams have had their turns, taking on their opponents one by one.

Determining the Winner:

- The Aged Care Coordinator will tally all the points earned by both teams.
- The team with the most points at the end of the game is declared the winner.

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