

**Aloha, coordinators and seniors in aged care!** Today, we're embarking on a delightful crafting adventure that will transport us to the tropical paradise of Hawaii. Get ready to immerse yourself in the vibrant colors and sweet scents of the islands as we create our very own **Hawaiian leis.** 



#### Crafting a Hawaiian Lei

This cheerful craft is not only a feast for the eyes but also a wonderful way to engage your creativity and brighten your day. Challenge your inner artists and channel the spirit of Hawaii as you create your own colorful Hawaiian Leis with us!





## Materials Needed

Making a Hawaiian lei is a simple yet rewarding activity that anyone can enjoy. With just a few materials and a dash of creativity, you'll soon have a beautiful lei to adorn yourself with or share with a friend. You can find these materials in your local store or even inside the facility.



• Colorful flowers (real

or artificial)

- String or yarn
- Scissors
- Optional: **beads or**

seashells for

embellishments

## Step-by-Step Guide

1. Begin by selecting your flowers. Choose a variety of colors and sizes to create a visually appealing lei.

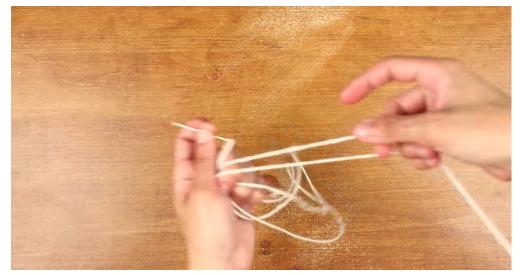




2. Cut a length of string or yarn to your desired length, keeping in mind that the lei will need to fit comfortably around your neck.



3. Tie a knot at one end of the string to create a loop for hanging.



4. Thread the flowers onto the string, alternating colors and sizes to create a balanced look.





5. Once you've threaded all your flowers, tie a knot at the other end of the string to secure the lei.



6. After adding the desired decorations, cut the excess string or yarn for a cleaner Hawaiian Lei look.



7. Give your lei a gentle shake to fluff up the flowers and ensure they're evenly spaced.





### DIY Hawaiian Lei Craft Video

If you are out of ideas, stuck, or having troubles with crafting your Hawaiian lei, here's a video that we found that might be helpful for you! Recharge your creativity and draw inspiration from it.



https://youtu.be/ndlLPL3jD7o

#### Where to Use Your Crafted Lei

Once you've completed your Hawaiian lei, the possibilities are endless! Wear it proudly around your neck during Hawaiian events. It's ideal for activities like Hawaiian Armchair Travel, Hawaiian Costume Parties, and alike! You can also gift your lei to a friend or loved one as a thoughtful gesture of friendship and aloha.





#### Key Takeaway

Crafting a Hawaiian lei is a delightful activity that brings joy, creativity, and a taste of the tropics to seniors in aged care. So why not gather your materials, channel your inner island spirit, and let your imagination soar as you create your own beautiful lei? Remember, with a little bit of aloha, anything is possible!





# SCAN HERE FOR THE YOUTUBE VIDEO